

Oncology Massage & Lymph Support

"Health From the Inside-Out" Series: Session 2

with Steve Romey CMT and Wendy Kunkel HHP



Date: Monday, April 17th

Time: 6-7:30pm

Location: Cancer Support Community
530 Hampshire Road
Westlake Village, CA 91361

Cost: Free

RSVP: Please RSVP (805) 379-4777

In this uplifting, interactive and informative class, learn about Oncology Massage Therapy: what it is and how it can support you; how massage can be safe and helpful during and after cancer treatment; and how to support your lymph system and reduce lymphedema risk.

Oncology Massage Therapy is a holistic approach to wellness that honors all treatment choices with cancer, and provides powerful and effective support in your healing process.

The use of Oncology Massage Therapy may: enhance your quality of life, assist with symptoms, reduce fear and anxiety, strengthen your immune system, and provide hope and feelings of harmony. Discover how Oncology Massage can assist you not only with physical symptoms, but also your mind, spirit and healing journey.

Steve Romey & Wendy Kunkel enjoy supporting people in experiencing optimal wellness. Steve is a Certified Oncology Massage Therapist, working with people on a cancer-healing journey for over 10 years. Wendy is a Certified Holistic Health Coach & Spiritual Counselor.

Experience "Health from the Inside-Out" – 3rd Mondays of the month 6-7:30pm

May 15: Eating to Nurture & Love Your Body Healthy

June 19: Creating Your Vision of Optimal Wellness (& Releasing Blocks)

All are welcome for any one of the classes or the whole series.

This activity is supported by an educational grant
provided By Genentech.

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www.CancerSupportVvsb.org