

AGENDA

2100 Thousand Oaks Boulevard • Thousand Oaks, CA 91362 Phone 805/449.2151 • Fax 805/449.2150 • www.toaks.org

Council on Aging

REGULAR MEETING - TELECONFERENCE/VIDEO CONFERENCE Wednesday, December 2, 2020, 1:00 p.m.

Pursuant to the Governor's Executive Order N-29-20, the Council on Aging meeting will be conducted via teleconference and/or video conference. Commissioners will be participating via teleconference and/or video conference.

You may participate in the meeting by submitting your comments by email to: <u>Councilonaging@toaks.org</u> (please indicate the agenda number in the subject line). To give City staff adequate time to provide your comments to the Commissioners, please submit your comments no later than 11:00 a.m. the day of the meeting.

If you would like to speak on an agenda item, please email <u>CouncilonAging@toaks.org</u> no later than 11:00 a.m. the day of the meeting and indicate you would like to speak at the meeting. You will be emailed information explaining how to join and speak at the meeting. See below for more information.

Pursuant to the Executive Order, and in compliance with the Americans with Disabilities Act (ADA), if you need special assistance to participate in the Council on Aging meeting, please contact the Council on Aging Staff Liaison (805) 381-7362 within 48 hours of the meeting.

The following is provided to assist with public participation:

Agenda Availability: The Council on Aging Agenda is posted at the entry to the Civic Arts Plaza/City Hall, 2100 E. Thousand Oaks Boulevard, Thousand Oaks [main posting location pursuant to the Brown Act, G.C. 54954.2(a)]. Agenda packet and "Live and Archived" meetings and minutes are available on the City's website at <u>www.toaks.org</u>.

Public Input: Please submit your comments via email to <u>CouncilonAging@toaks.org</u> (include agenda number) no later than 11:00 a.m. the day of the meeting.

If you would like to speak on an agenda item during the meeting, please email <u>CouncilonAging@toaks.org</u> no later than 11:00 a.m. the day of the meeting. If you would like to speak during the meeting, you will be asked to provide a telephone number where you may be reached when the item is being discussed at the Council on Aging meeting. Persons addressing the Council on Aging are requested to state their name and community of residence for the record.

Please be advised that communications directed to the Council on Aging are public records and are subject to disclosure pursuant to the California Public Records Act and Brown Act unless exempt from disclosure under the applicable law. Communications will NOT be edited for redactions; will be printed/posted as submitted.



CITY OF THOUSAND OAKS COUNCIL ON AGING AGENDA

Thousand Oaks, California

December 2, 2020

- 1. Call to Order: 1:00 p.m.
- 2. Pledge of Allegiance
- 3. Roll Call: Commissioners: Chair Rossanna Guerra, Vice Chair Stephanie Belding, and Commissioners Jeffrey Bert, Dr. William Bleuel, Gail Ginell, Patricia Lownes, John Posta, Karen Sylvester, and Thelma Williams

Under state law, issues presented or introduced under "Public Comments" can have no action and will be referred to Council on Aging City staff for administrative action or scheduled on a subsequent agenda.

- 4. Public Comments
- 5. Guest Speaker: Karla Flores Lagunas, LCSW, MSW; UCLA Health, *Combatting Loneliness*
- 6. Agency Liaison Reports:
 - a. Goebel Adult Community Center (GACC)
 - b. Conejo Senior Volunteer Program (CSVP)
 - c. Ventura County Area Agency on Aging (VCAAA)
- 7. Commission Reports:
 - a. Online Education: Commissioner Ginell
- 8. Commissioner Comments
- 9. Adjournment

lib:115-02\fs\H:\Common\Youth and Senior Services\01 Council on Aging\COA Meeting Folders\2021 COA\201202 COA a.docx

