



2020/2021 Social Service Resource List

Al-Anon

The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength and hope in order to solve their common problems. Al-Anon has but one purpose: to help families and friends of alcoholics. We do this by practicing the Twelve Steps, and by welcoming and giving comfort to families of alcoholics and by giving understanding and encouragement to the alcoholic.

(805) 253-7188 alanonventura.org

Alateen - California Community Church, 30125 Agoura Rd., Agoura Hills, CA 91301

Alateen offers free support meetings for teens that are affected by alcoholic/addicted family members. These groups help teens by providing support and hope. Meetings are held every Wednesday night at 7:30pm.

(310) 385-1759 al-anon.org

Art Trek - 703 Rancho Conejo Blvd., Newbury Park, CA 91320 (805) 499-1700

Art Trek Studio provides services in schools, at the studio, in counseling and health centers, and at myriad other locations in the community. Instructors work with both the general population and at-risk youth and adults. Art expression has been known to help with problem solving, communicating more effectively, and with commitment through completion of art projects. Our Covid-19 Pivot has sparked relationships throughout Ventura county via our Little Art Bags, Zoom “gatherings,” and outdoor classes at our studio. Art Trek also offers volunteer opportunities for teens and adults who seek productive ways to stay engaged, especially during Covid-19 Pivot. arttrek.org

BRITE

BRITE is funded by Ventura County Behavioral Health, Substance Use Services – Prevention. They engage youth and young adults in advocacy and action to promote health and well-being through projects to reduce underage and binge drinking, impaired driving, prescription drugs, marijuana, and other drug abuse, bullying and suicide. BRITE provides volunteer and community service opportunities for young people (ages 12-25) to make a difference through Social Change Theatre, video production, writing, social-media and live presentations and supports youth led projects of many kinds.

(805) 647-4622 info@BRITEyouth.org



Casa Pacifica Centers for Children and Families - 1722 S. Lewis Rd., Camarillo, CA 93012
Casa Pacifica assist youth and families during challenging times and offers them help to overcome some of life's most difficult circumstances – abuse and neglect, complex emotional and behavioral issues, and family crises. Casa Pacifica offers the Short-Term Adolescent Residential Treatment (START) program which is designed for youth ages 9 through 17 years old, with outpatient services addressing a wide range of mental-health issues.
(805) 366-4011 casapacifica.org

City of Thousand Oaks Community Services - 1401 E. Janss Rd., Thousand Oaks, CA 91362
Youth services provided by the City of Thousand Oaks includes supplying staff to serve as liaisons to the Thousand Oaks Youth Commission, Conejo Coalition for Youth and Families, the Substance Abuse Committee, Community Conscience, and the Teen Center. Staff, in coordination with Youth Outreach Workers, also assigns community service projects to Social Host Ordinance violators. In addition, staff maintain the Conejoconnections.org website. The Youth Commission's purpose is to act in an advisory capacity to the City Council on matters relative to youth and implementation of the City Youth Master Plan.
(805) 381-7362 toaks.org/youth

City of Thousand Oaks Library - Grant R. Brimhall Library - 1401 E. Janss Rd., Thousand Oaks, CA 91362 & Newbury Park Library - 2331 Borchard Rd. Newbury Park, CA 91320
Thousand Oaks Library provides valuable educational, life-long learning and entertainment resources. Users can access materials at both branches of the Library during open hours and even online 24/7 through the Virtual Library. Educational services offered through the library include homework help, job & career resources, standardized test preparation, various Learning @ Your Library classes, access to Lynda.com an online educational video library, Kanopy online streaming documentaries and films, Rosetta Stone language learning, e-Books, 3-D printing and much more. Thousand Oaks Library also offers free computer and wifi access. Check out the Library website, call or come in for more information.
(805) 381-7367 tolibrary.org

CLU Community Counseling Center - 31416 Agoura Rd., Suite #115, Westlake Village, CA 91361 & 2200 Outlet Center Dr., Suite 470, CA 93036
A private, non-profit, affordable counseling center providing high quality services to individuals of all ages, couples, and families in a private or group setting.
(805) 493-3390
(805) 493-3059 clucounseling.org



Community Conscience - 80 E. Hillcrest Dr., Suite #110, Thousand Oaks, CA 91360
Administration and operation of the Human Services Center. Provides referrals to social services.
(805) 494-3543 communityconscience.org

Conejo Free Clinic - 80 East Hillcrest Dr., Suite #102, Thousand Oaks, CA 91360
Provides general medical, women's health and pediatric care. Saturday women's clinics are available for working women, providing well-woman exams, PAP testing and mammograms. The clinic also provides limited dental services, counseling, advocacy services, legal services and a variety of educational health-related classes.
(805) 497-3575 conejofreeclinic.org

Conejo Youth Employment - 80 E. Hillcrest Dr., Suite #207, Thousand Oaks, CA 91360
Free employment search for referrals for Conejo Valley youth ages 15-22.
(805) 496-6868 conejoyes.com

Department of Rehabilitation – 101 Hodencamp Rd. Suite #212, Thousand Oaks, CA 91362
DOR Student services include Job Exploration/Counseling, Work-Based Learning Experiences (including temporary paid work experiences), Postsecondary Education Counseling, Workplace Readiness Training, and Instruction in Self-Advocacy. Participants can be any student, ages 16-21 (up to 22) who has been identified as having a disability, attending public/private high school, charter schools, or home schools, attending college or any post-secondary education settings.
(805) 371-6291 Student Services Counselor, Seth.Wegher-Thompson@dor.ca.gov
(805) 371-2687 Student Services Service Coordinator, Lisa.Oliver@dor.ca.gov
[dor.ca.gov/Home/Student Services](http://dor.ca.gov/Home/Student%20Services)

Engage Therapy- 650 Hampshire Rd., Suite #204, Westlake Village, CA 91361
Engage is comprised of a large private practice of 20+ clinicians as well as providing several outpatient treatment programs for children, adolescents and adults who need more support. Our mission is to be a place that creates a safe, accepting environment empowering people to connect, learn, heal, and grow.
(805) 497-0605 engagetherapy.com

Fit 4 The Cause - 80 E. Hillcrest Dr., Suite #201, Thousand Oaks, CA 91360
Fit 4 The Cause provides therapeutic exercise and nutrition education for thousands of low-income recipients including at risk teens, fragile seniors and vulnerable children. We track progress through our programs and everyone's well-being continues to improve.
(818) 783-3307 fit4thecause.org



Food Share - 4156 Southbank Rd., Oxnard, CA 93036

Food distribution program for Ventura County. Conejo Valley Resource Network Fiore Playfields. 1550 Avenida de los Arboles. 9:00am -10:30 am (1st & 3rd Fridays)
(805) 983-7100 foodshare.com

Give an Hour - 660 Hampshire Rd. Suite 102 Westlake Village, CA 91361

We provide those in need with help and hope. We work to change the culture of mental health and encourage all to pay attention to their emotional well-being.
(805) 795-8661 giveanhour.org

Harbor House - 430 E. Avenida de los Arboles, Suite #203A, Thousand Oaks, CA 91360

Harbor House hopes to contribute to the building of a just community where all people are included. They see all human beings as worthy of our time and our efforts. We offer referrals, resources, case management, and a hand up for those who are struggling. It is our goal to help all people in our community find hope, gainful employment, affordable housing, and a sense of personal well-being.
(805) 464-3533 harborhouseto.org

Hospice - 80 E. Hillcrest Dr., Suite #204, Thousand Oaks, CA 91360

Hospice of the Conejo provides emotional support and care by specially trained volunteers to those facing life-limiting illnesses and to their loved ones. Support for the bereaved by licensed therapist is also provided.
(805) 495-2145 hospiceoftheconejo.org

Human Services Agency - 80 E. Hillcrest Dr., Suite #200, Thousand Oaks, CA 91360

Provides public services that promote self-sufficiency, health and well-being. Programs help ensure the protection of children, the elderly and dependent adults. Services include assistance with food, housing, and health care.
(805) 374-9006 ventura.org/human-services-agency



Interface Children & Family Services - 80 E. Hillcrest Dr., Suite #175, Thousand Oaks, CA 91360

Interface is Ventura County’s leading nonprofit social services agency, providing free, proven, and responsive services to address the complex physical and emotional needs of 59,000 local clients every year. Its 30 programs utilize 10 evidence-based practices to serve children, teens, adults and families who are typically low-income and struggling with poverty, domestic violence, human trafficking, homelessness, incarceration, child abuse, neglect and abandonment. Interface also connects 150,000 clients per year to a vast network of health and human services in 19 counties through its 2-1-1 Information and Referral program. Interface’s core program areas are Mental Health and Trauma Treatment, Domestic Violence Intervention and Child Abuse Prevention, Youth Crisis and Homeless Services, Human Trafficking Intervention, Reentry Services, Early Childhood Family Development and 2-1-1 information and referral. The agency operates out of five locations including Camarillo, Moorpark, Oxnard, Santa Paula and Thousand Oaks.

(805) 485-6114 icfs.org

La Ventana Recovery Center – 3625 E, Thousand Oaks Blvd., Westlake Village Suite #102, CA 91360

La Ventana Programs offers outpatient, insurance-based treatment for mental health, substance abuse and detox and all underlying issues that correspond with each individual case. La Ventana facilitates the recovery process through group therapy, family support, individual therapy, meal plans, and staff-supported meals.

Mental Health (833) BeWell 2 (833) 239-3552
Substance Abuse (833) SOBER12 (833) 762-3712
Detox (833) DETOX12 (833) 338-6912 laventanatreatment.com

Many Mansions - 1259 E. Thousand Oaks Blvd., Thousand Oaks, CA 91362

Many Mansions provides well managed, service enriched affordable housing to low income residents in Ventura County. Onsite services include: resources and referrals, case management, life skills workshops, youth and teen after school programming, summer camps, family friendly events and activities.

(805) 496-4948 manymansions.org

Narcotics Anonymous - 1197 E. Los Angeles Ave., Suite #306, Simi Valley, CA 93065

A nonprofit agency for people for whom drugs have become a major problem. Members are recovering addicts who meet regularly to help each other stay clean. All ages welcome. (888) 672-9318 clana.org



Not One More – 255 Simi Village Dr. Simi Valley CA, 93094

Not One More is a nonprofit organization originated in Simi Valley in 2012. The mission is to raise awareness and prevent drug addiction through education and community partnerships. The hope is that all children will choose a path free of drug addiction and follow their own dreams by not giving in to peer pressure, bullying and other negative influences. By working with school districts, city leaders and community partnerships they stand united to say: Not One More overdose, Not One More lost spirit, Not One More grieving heart!

(805) 428-5953 notonemore.net

Ohana Health Clinic - 80 E Hillcrest Dr., Suite #130, Thousand Oaks, CA 91360

A licensed medical clinic offering free pregnancy testing and verification, free (limited) ultrasound scans, options counseling, STD screening and treatment for women and men, post-abortion support, sexual health education, single mom support, community referrals for education, housing and medical treatment.

(805) 373-1222 conejopregnancycenter.com

One Spark Academy - 501-I S. Reino Rd. #296, Newbury Park, CA 91320 (mailing address)

A privately-run learning academy for homeschooled and independent study students in grades 6-8, with many classes appropriate for grades 9-12. Offering core academic and enrichment courses and flexible scheduling. One Spark Academy is a 501(c) (3) non-profit organization. OSA is currently operating remotely, with some in-person and outdoor courses.

(805) 214-6889 onesparkacademy.org

PACER's - National Bullying Prevention Center - 80 E. Hillcrest Dr., Suite #203, Thousand Oaks, CA 91360

PACER's National Bullying Prevention Center actively leads social change to prevent childhood bullying, so that all youth are safe and supported in their schools, communities, and online. PACER offers innovative resources for students, parents, educators, and others via our 3 websites: pacer.org/bullying, pacerteensagainstbullying.org, and pacerkidsagainstbullying.org, as well as through staff engagement in Ventura, Los Angeles, and many other counties of Southern California. We recognize that bullying is a serious community issue that impacts education, physical, and emotional health and we are committed to creating a world without bullying where the safety and well-being of students is prioritized. For more information on presentations and workshops, please call:

(310) 749-8782.

(310) 749-8782 pacer.org/bullying



Planned Parenthood California Central Coast - 1200 W. Hillcrest Dr., Suite #100, Thousand Oaks, CA 91360

Planned Parenthood provides a full range of high quality, professional services to meet all reproductive health care needs. Our experienced and medical staff is here to help young adults make healthy, responsible decisions. All our services are confidential. Health centers offer a wide variety of health care services for people of all genders, including: annual well person/pelvic exams, pap tests & HPV tests, family planning services, emergency birth control, pregnancy testing and options counseling, abortion services, HIV/AIDS testing and counseling, STI testing and colposcopy.

(805) 963-2445

(888) 898-3806 ppcentralcoast.org

Pyles Boys Camp - 27211 Henry Mayo Drive, Valencia, CA 91355

Daring Boys to Become Men, since 1949 Pyles boys camp promotes long-term positive behavioral change for low-income, disadvantaged boys by providing a multi-year wilderness camp experience supplemented by year-round mentoring that builds life skills and instills the values of hard work, education, and positive choices.

(661) 294-1394 pylescamp.org

ROWI – Teen & Parent Wellness Center - 123 Hodencamp Rd., Suite #210, Thousand Oaks, CA, 91360

ROWI uses the most effective, evidence-based methods. Their team also integrates non-traditional treatment methods like meditation, yoga, equine, art, and surf therapies to treat the whole person. They give care and attention to every child in need, regardless of race, religion, gender, or socioeconomic status. The wellbeing of the child comes first.

Whether in outpatient therapy or partial hospitalization, the health and wellness of each adolescent is their mission.

(805) 356-3477 rowiteen.com

Thousand Oaks Police - 2101 East Olsen Rd., Thousand Oaks, CA 91360

The members of the Ventura County Sheriff's Department are committed to safeguarding the lives and property of Ventura County residents and responding to public concerns in a manner which promotes neighborhoods free from the fear of crime. This includes a Crime Prevention Department providing School Resource Officers (SRO's) to our secondary schools.

(805) 494-8200

Senior Deputy Robert Brady Robert.brady@ventura.org

Deputy Gallagher SRO (NP/HS/CVHS/SEQ) charles.gallagher@ventura.org

Deputy Vulich SRO (TOHS) joshvulich@ventura.org

Deputy Voorhees (WHS/LC) Amber.voorhees@ventura.org



Thousand Oaks Teen Center - 1375 E. Janss Rd. Thousand Oaks, CA 91362

Public Recreation Community Center designed specifically for 7th–12th grade teens that live in the Conejo Valley. The facility features a gym, soundproof music room, game room, computer lab and more. Programs include a variety of recreational classes, workshops, camps, leagues, excursions, dances, concerts, and other great special events, as well as drop-in recreation. This program is administered by Conejo Recreation & Park District, funded by the City of Thousand Oaks, in cooperation with Conejo Valley Unified School District.

Sarah Daub sdaub@crpd.org

Jay Dodwell jdodwell@crpd.org

(805) 494-5156 thousandoaksteencenter.com

Ventura County Behavioral Health, Substance Use Services, Thousand Oaks Center

125 West Thousand Oaks Blvd. Suite 400, Thousand Oaks, CA 91360

Our Youth Services programs provide a broad range of services for alcohol and drug-related problems which include prevention services, assessment, treatment, crisis intervention and referral services to youth and families. Services consist of school programs and clinics serving the general community. Referrals to our programs come through families, school counselors, teachers, community-based organizations, mental health providers, probation and more. Our programs are county-wide, with clinics located in Oxnard, Ventura, Simi Valley, Thousand Oaks and Fillmore, CA.

(805) 777-3570 vcbh.org/en/thousand-oaks-center-substance-use-services

Ventura County Behavioral Health, Conejo Clinic

Mental Health Youth & Family Services - 125 W. Thousand Oaks Blvd, Ste 600, Thousand Oaks, CA 91362

Youth and Family services provide integrated mental health services by working with the Community and other agencies/entities such as school districts, Human Services Agency/Children Family Services, Juvenile Justice System and Children's Medical Services. Comprehensive services include psychiatric assessment and treatment, case management, outpatient psychotherapy, psychological testing, school-based services, home based services, acute care of crisis and hospitalization. Outpatient clinic services are offered at seven locations throughout the county. The contact person for each site is the Clinic Administrator.

(805) 777-3505 vcbh.org/en/conejo-clinic



Villa Esperanza - 80 East Hillcrest Drive, Suite #206, Thousand Oaks, CA 913200

Celebrating 60 years of an environment of love, care and hope, Villa Esperanza Services is a thriving multi-service agency serving 770 children, adults, seniors and their families. Villa is one of a few organizations statewide that provides a lifeline of services for infants to seniors with intellectual and developmental disabilities. Villa's Conejo Valley office, located in the Community Conscience Building in Thousand Oaks, provides 3 critical services for adults – Community Integration, Independent Living Skills Services, and Employment Services. Each of these programs assists individuals in the community at a skill level comfortable for them, yet still challenging them. Our main goal when working with anyone is to create an environment where individuals can access their greatest abilities and independence. Villa's main campus, located in Pasadena, hosts Villa's school, speech and language center and occupational therapy clinic, along with adult programs including day programs, employment, and group homes.

(805) 241-8366 VillaEsperanzaservices.org

Westminster Free Clinic - United Methodist Church of Thousand Oaks 1000 E. Janss Rd., Thousand Oaks, CA 91360 (Wednesdays 4pm – 10pm)

Westminster Free Clinic (WFC) offers all services in Spanish and English including free primary medical care, some dental services, vision services, a diabetic specialty clinic, mammograms, x-rays, labs, physical therapy, chiropractic care, podiatry, and legal services. Many other health promoting services are offered as well including heart healthy food distribution. Behavioral health services include weekly, one-on-one and family mental health counseling, a weekly grief & loss class, and a 7-week training and advocacy parenting program. WFC's signature program is their 2-year Healthcare Training & Internship Program for over 100 high school youth, that meets the requirements for teens to become certified Medical Assistants. WFC is a community-wide collaboration making all donated, free services possible.

(805) 241-8366 westminsterclinic.org Mailing address only: 2763 San Miguel, Thousand Oaks, CA 91360

Youth Outreach Program - 1375 E. Janss Rd., Thousand Oaks, CA 91362

Youth Outreach offers adaptive services such as small group connection, remote learning supervision for struggling students, and small group in-person support for high risk students.

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Elizabeth Sorensen esorensen@crpd.org

Dan Nalbandian dnalbandian@crpd.org

(805) 494-5156 thousandoaksteencenter.com/youth-outreach