

You'll learn how to read other people. You'll become significantly more aware of what others are thinking and feeling, and how to be much more accurate in determining why people act the way they do. Imagine how much more effective you'll be as a leader when you can anticipate how others will react and adjust your behavior to have the most positive impact.

You'll develop emotional management skills to manage and influence others' emotions. You'll learn how to defuse and deescalate tense situations, to bring people out of their shell, link people together and turn seemingly messy situations into clearly predictable opportunities for great leadership.

AGENDA

This 60-minute webinar called “Enhancing Your Emotional Intelligence” will show you:

- Take the 20-question Emotional Intelligence Assessment
- The science of Self-Awareness: the ability to identify & understand your own emotions
- The science of Other-Awareness: the ability to identify & understand others' emotions
- The science of Emotional Management: the ability to manage & influence emotions
- 8-part exercise to understand your emotions, why you react and act the way you do, so you can initiate or avoid certain situations, and rehearse and prepare for situations based on your likely reactions
- 3 steps to significantly increase your ability to quickly and accurately read other peoples' emotions
- Why Emotional Intelligence is the #2 reason why new hires fail